

Goetheanum
Professional Development Courses

NEW
ONLINE
COURSE

Goetheanum Leadership Course

11th – 14th May 2021

Module I: Leading in turbulent times

9th – 12th November 2021

Module II: Initiating and Sustaining Transformation

Goetheanum

GOETHEANUM LEADERSHIP COURSE

METHODOLOGY

The **Leadership Course** is based on the understanding that developing and advancing leadership capacities requires a highly dialogical learning environment. It is designed to build upon the questions and challenges that participants are confronted with in their work. Course participants will come from different fields such as business, agriculture, health, education etc. This diversity will allow participants to engage with a wide-range of perspectives regarding current social reality.

This course is designed for leaders in organizations seeking to deepen their skills and capabilities in leading with a vision of a broader social well-being. It will explore three levels of leadership:

- **Micro Level:** How do I cultivate self-leadership, develop my individual leadership vision and deepen my personal skills?
- **Meso Level:** How do I lead teams and organizations so that everyone involved can operate from their potential?
- **Macro Level:** How do I identify and realize the future potential of society at large and lead accordingly?

CONTENT

Leadership requires a deep level of self-knowledge. This course offers participants different practices of self-reflection, meditation and mindfulness. It is designed out of an anthroposophical understanding of leadership as well as a variety of current leadership concepts such as Theory U. The course aims to create a learning environment where participants can explore and exchange ideas and concepts, practise tools and skills.

PARTICIPANTS

The course is intended for leaders from all fields of working experience around the world. Participants benefit most if they have at least 3 years of leadership experience. An anthroposophical background is not necessary. The course will be held in English.

PROJECT BETWEEN THE MODULES

The participants will engage actively on two levels:

Change Projects: participants will use what they have learned from the course to initiate a personal change project in their respective work environments with individual coaching by the course leaders.

Peer Coaching: participants will work in peer coaching groups of 3-4 people.

MODULE I : LEADING IN TURBULENT TIMES

PROGRAMME 11th May – 14th May 2021

	TUE 11.05.2021	WED 12.05.2021	THU 13.05.2021	FRI 14.05.2021
TIME	Self-leadership	Entrepreneurial-leadership	Societal-leadership	My Impulse
12:45	Meet and Greet			
13:00 – 14:00	Music Johanna Lamprecht Introduction of the day Jean-Michel Florin Self-Leadership Introduction Paul Mackay Experiences with Leadership Jean-Michel Florin, Ueli Hurter, Paul Mackay	Music Johanna Lamprecht Introduction of the day Ueli Hurter Entrepreneurial Leadership Ueli Hurter	Music Johanna Lamprecht Introduction of the day Jean-Michel Florin Three levels of leadership Paul Mackay 13:30 - 15:00 What is my impulse? Time in solitude to listen to myself	Music Johanna Lamprecht Introduction of the day Paul Mackay Shaping my impulse Working in smaller groups
	14:00 – 14:45	Conversation Groups		Shaping my impulse Working in smaller groups
14:45 – 15:15	Break		Break	
15:15 – 15:45	Presentation of Leading Impulses/ Questions Participants	Presentation of Leading Impulses/ Questions Participants	To whom are we accountable as leaders? Ueli Hurter	
15:45 – 16:15	Subsidiary Exercises Paul Mackay	Creation out of Nothingness Paul Mackay	Dialogue Journaling My Impulse	
16:15 – 16:40	From Self-leadership to Entrepreneurial Leadership Jean-Michel Florin	Societal Leadership Ueli Hurter	Realising my Impulse Jean-Michel Florin	Plenum
16:40 – 17:00	Mindfulness in Nature - Exercise Jean-Michel Florin			



Module I:
11.05.2021 - 14.05.2021
Module II: *
09.11.2021 - 12.11.2021

*Module II will build on the specific context and questions raised by the participants in Module I and will draw upon the experiences gained during the project and coaching work.



English



CHF 4.500*

*As far as tuition fees are concerned, we were able to set up a small scholarship fund, which can be requested by private individuals or institutions from countries with a very large currency gap.



Edda Nehmiz
Jean-Michel Florin
Paul Mackay
Ueli Hurter

With keynotes from
Jean-Michel Florin
Paul Mackay
Ueli Hurter

Listening exercises
Music from
Johanna Lamprecht

Online application:

studium.goetheanum.co/en/professional-development/leadership-course

For further questions regarding the Goetheanum Leadership Course, please contact Edda Nehmiz: +41 61 706 44 14 | studium@goetheanum.ch

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